



ਲੈਂਡਰ ਦੇ ਸਾਡੇ ਮਾਨਸ ਵਿਚ ਪ੍ਰਾਤਿ ਮਾਨਸ ਵਿਚ  
ਗੁਰੂ ਦੀ ਸ਼ੁਭ ਵਿਸ਼ਵਾਸ ਕੁਝ ਮਾਨਸ ਵਿਚ

**JETSÜN P'AGMA DRÖLMA K'YED K'YEN NO  
JIG DANG DUG NGAL KÜN LE KYAB TU SÖL**

Noble Lady Tara, you who know,

Free us from all fear and suffering!

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**DÜ SUM SANG GYE GU RU RIN PO CH'E**

Buddhas of three times, the Lotus Born,

ད ས ཏ ལ པ ད བྷ ཉ ཁ ཕ ཉ ཁ ཕ ཉ ཁ ཕ ཉ ཁ ཕ

**NGÖ DRUB KÜN DAG DE WA CH'EN PO'I ZHAB**

Lord of all Attainment, Dewa Chenpo,

ସ ཏ ལ པ ད བྷ ཉ ཁ ཕ ཉ ཁ ཕ ཉ ཁ ཕ ཉ ཁ ཕ

**BAR CH'E KÜN SEL DÜD DÜL DRAG PO TSEL**

Obstacle dispeller, Guru Drag,

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**SÖL WA DEB SO JIN GYI LAB TU SÖL**

Praying here, I seek your blessings now.

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**CH'I NANG SANG WA'I BAR CH'E SHI WA DANG**

Clear all outer, inner, secret flaws,

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**SAM PA LHÜN GYI DRUB PAR JIN GYI LOB**

Bless us with the wishes that we seek!

ਦੂੰਃ ଓ'ਕੁਵ'ਯੁ'ਏ'ਨ੍ਹੁ'ਵ'ਨ੍ਹੁ'ਵ'ਮਹ'ਸ਼ਾਃ

**HUNG ORGYEN YÜL GYI NUB JANG TS'AM**  
HUNG North and west in Udiyan

ਪ੍ਰਾ'ਸੀ'ਨ੍ਹੁ'ਵ'ਨ੍ਹੁ'ਵ'ਏ'ਨ੍ਹਾਃ

**PE MA GE SAR DONG PO LA**  
On a lotus pistil stem

ਧ'ਸ਼ਕ'ਵ'ਸ਼ਕ'ਸ਼ਾ'ਵੀ'ਨ੍ਹੁ'ਵ'ਨ੍ਹੁ'ਵ'ਏ'ਨ੍ਹਾਃ

**YA TS'EN CH'OG GI NGÖ DRUB NYE**  
With accomplishments supreme,

ਪ੍ਰਾ'ਵ੍ਰਾਦ'ਸ਼ਕ'ਵੀ'ਨ੍ਹੁ'ਵ'ਨ੍ਹੁ'ਵ'ਏ'ਨ੍ਹਾਃ

**PE MA 'JUNG NE ZHE SU DRAG**  
Pema Jungne, Lotus Born!

ਧ'ਸ਼'ਨ੍ਹੁ'ਮਾ'ਵ'ਨ੍ਹੁ'ਸ਼'ਸ਼'ਵ'ਨ੍ਹੁ'ਵ'ਏ'ਨ੍ਹਾਃ

**'KOR DU K'A 'DRO MANG PÖ KOR**  
Ringed around by Dakinis.

ਤ੍ਰਿ'ਨ੍ਹੁ'ਵ'ਏ'ਨ੍ਹੁ'ਵ'ਏ'ਨ੍ਹੁ'ਵ'ਏ'ਨ੍ਹਾਃ

**KYED KYI JE SU DAG DRUB KYI**  
Practicing, I follow you.

ਤ੍ਰਿ'ਨ੍ਹੁ'ਵ'ਏ'ਨ੍ਹੁ'ਵ'ਏ'ਨ੍ਹੁ'ਵ'ਏ'ਨ੍ਹਾਃ

**JIN GYI LOB CH'IR SHEG SU SÖL**  
Please come grant your blessings now!

ਸ੍ਰੁ'ਨ੍ਹੁ'ਵ'ਏ'ਨ੍ਹੁ'ਵ'ਏ'ਨ੍ਹਾਃ

**GURU PEMA SIDDHI HUNG**

*As a gift to HH Shenphen Dawa Rinpoche, these were translated into rhythmic English by Norman Wilson, 2009.*